

# Uitslagen mini marathon PSC DE DIJKGRAAF, 16 Maart 2025

lay out: h.ri.

|  |                      |       | strafseconden hindernissen 1e manche |   |   |   |   |   |   |   |   |    |    | totaal str sec | tijd 1e m. | totaal 1e m. | strafseconden hindernissen 2e manche |   |   |   |   |   |    |   |     |    |        | totaal str sec | tijd 2e m. | totaal 2e m. | totaal uitslag | PL. |
|----------------------------------------------------------------------------------|----------------------|-------|--------------------------------------|---|---|---|---|---|---|---|---|----|----|----------------|------------|--------------|--------------------------------------|---|---|---|---|---|----|---|-----|----|--------|----------------|------------|--------------|----------------|-----|
| wa no                                                                            | naam                 | rubr. | 1                                    | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |                |            |              | 1                                    | 2 | 3 | 4 | 5 | 6 | 7  | 8 | 9   | 10 | 11     |                |            |              |                |     |
| 6                                                                                | Ruben Ouwendijk      | 1pa   |                                      |   |   |   |   |   |   |   |   | 4  |    | 4              | 92,66      | 96,66        |                                      |   |   |   |   |   |    |   |     | 0  | 94,00  | 94,00          | 190,66     | 1            |                |     |
| 22                                                                               | Piet vd Brand        | 1pa   |                                      |   |   |   |   |   |   |   |   |    |    | 0              | 96,19      | 96,19        |                                      |   |   |   |   |   | 4  |   |     | 4  | 91,56  | 95,56          | 191,75     | 2            |                |     |
| 4                                                                                | Theo vd Wal          | 1pa   | 4                                    |   |   |   |   |   |   |   |   | 4  |    | 8              | 99,78      | 107,78       |                                      |   |   |   |   |   |    |   |     | 0  | 100,16 | 100,16         | 207,94     | 3            |                |     |
| 3                                                                                | Roos Goekoop         | 1pa   |                                      |   | 4 |   |   |   |   |   |   | 4  |    | 8              | 105,94     | 113,94       |                                      |   |   |   |   |   |    |   |     | 0  | 101,56 | 101,56         | 215,50     | 4            |                |     |
| 9                                                                                | Thessa Dekker        | 1pa   |                                      |   |   |   |   |   |   |   |   |    |    | 0              | 106,09     | 106,09       |                                      |   |   |   |   |   |    |   |     | 0  | 111,16 | 111,16         | 217,25     | 5            |                |     |
| 5                                                                                | Esmee van Alphen     | 1pa   |                                      |   |   |   |   |   |   |   |   |    |    | 0              | 107,56     | 107,56       |                                      |   |   |   |   |   | 4  |   |     | 4  | 107,74 | 111,74         | 219,30     | 6            |                |     |
|                                                                                  |                      |       |                                      |   |   |   |   |   |   |   |   |    |    |                |            |              |                                      |   |   |   |   |   |    |   |     |    |        |                |            |              |                |     |
| 21                                                                               | Antoinette Vermast   | 1paT  |                                      |   | 4 |   |   |   |   |   |   |    |    | 4              | 110,69     | 114,69       |                                      |   |   |   |   |   |    |   |     | 0  | 111,22 | 111,22         | 225,91     | 1            |                |     |
| 20                                                                               | Marieanne Tolhoek    | 1paT  |                                      |   |   |   |   |   |   |   |   |    | 4  | 4              | 113,90     | 117,90       |                                      |   |   |   |   |   | 4  |   |     | 4  | 112,25 | 116,25         | 234,15     | 2            |                |     |
| 13                                                                               | Kevin Maljaars       | 1paT  |                                      |   |   |   |   |   |   |   |   |    | 4  | 4              | 124,75     | 128,75       |                                      |   |   |   |   |   | 4  |   |     | 4  | 119,88 | 123,88         | 252,63     | 3            |                |     |
| 19                                                                               | Hans Maljaars        | 1paT  |                                      |   |   |   |   |   |   |   |   | 4  |    | 4              | 156,54     | 160,54       |                                      |   |   |   |   |   |    |   |     | 0  | 151,34 | 151,34         | 311,88     | 4            |                |     |
|                                                                                  |                      |       |                                      |   |   |   |   |   |   |   |   |    |    |                |            |              |                                      |   |   |   |   |   |    |   |     |    |        |                |            |              |                |     |
| 18                                                                               | Yael Monfils         | 1po   |                                      |   |   |   |   |   |   |   |   |    | 4  | 4              | 95,54      | 99,54        |                                      |   |   |   |   |   |    |   |     | 0  | 94,50  | 94,50          | 194,04     | 1            |                |     |
| 23                                                                               | Marina Lamper        | 1po   |                                      |   |   |   |   |   |   |   |   |    |    | 0              | 105,41     | 105,41       |                                      |   |   |   |   |   |    |   |     | 0  | 98,07  | 98,07          | 203,48     | 2            |                |     |
| 1                                                                                | Marisa van de Ende   | 1po   |                                      |   |   |   |   |   |   |   |   |    |    | 0              | 104,63     | 104,63       |                                      |   |   |   |   |   |    |   |     | 0  | 101,00 | 101,00         | 205,63     | 3            |                |     |
| 7                                                                                | Cocky Stijger        | 1po   |                                      |   |   |   |   |   |   |   |   |    |    | 0              | 117,35     | 117,35       |                                      |   |   |   |   |   |    |   |     | 4  | 106,60 | 110,60         | 227,95     | 4            |                |     |
| 2                                                                                | Yael Monfils         | 1po   |                                      |   |   |   |   |   |   |   |   |    | 4  | 4              | 110,72     | 114,72       |                                      |   |   |   |   |   |    |   |     | 0  | 114,29 | 114,29         | 229,01     | 5            |                |     |
|                                                                                  |                      |       |                                      |   |   |   |   |   |   |   |   |    |    |                |            |              |                                      |   |   |   |   |   |    |   |     |    |        |                |            |              |                |     |
| 8                                                                                | Martijn Molendijk    | 1poJ  |                                      |   |   |   |   |   |   |   |   |    |    | 0              | 195,63     | 195,63       |                                      |   |   |   |   |   |    |   |     | 0  | 183,19 | 183,19         | 378,82     | 1            |                |     |
|                                                                                  |                      |       |                                      |   |   |   |   |   |   |   |   |    |    |                |            |              |                                      |   |   |   |   |   |    |   |     |    |        |                |            |              |                |     |
| 12                                                                               | Piet vd Burg         | 2pa   |                                      |   | 4 |   |   |   |   |   |   |    |    | 4              | 110,62     | 114,62       |                                      |   |   |   |   |   |    |   |     | 8  | 106,46 | 114,46         | 229,08     | 1            |                |     |
| 11                                                                               | Nico Mesu            | 2pa   |                                      |   | 4 |   |   |   |   |   |   |    |    | 4              | 138,28     | 142,28       |                                      |   |   |   |   |   |    |   |     | 0  | 121,25 | 121,25         | 263,53     | 2            |                |     |
| 10                                                                               | Rene Trooster        | 2pa   |                                      |   |   |   |   |   |   |   |   |    |    | 0              | 117,68     | 117,68       |                                      |   |   |   |   |   |    |   |     | 8  | 138,47 | 146,47         | 264,15     | 3            |                |     |
|                                                                                  |                      |       |                                      |   |   |   |   |   |   |   |   |    |    |                |            |              |                                      |   |   |   |   |   |    |   |     |    |        |                |            |              |                |     |
| 16                                                                               | Tamara Jongenengel   | 2po   |                                      |   |   |   |   |   |   |   |   |    |    | 0              | 98,18      | 98,18        |                                      |   |   |   |   |   |    |   |     | 0  | 97,56  | 97,56          | 195,74     | 1            |                |     |
| 15                                                                               | Anton Molendijk      | 2po   |                                      | 4 |   |   |   |   |   |   |   |    |    | 4              | 98,97      | 102,97       |                                      |   |   |   |   |   |    |   |     | 0  | 98,34  | 98,34          | 201,31     | 2            |                |     |
| 14                                                                               | Arie Rozendaal       | 2po   |                                      |   |   |   |   |   |   |   |   | 4  |    | 4              | 102,54     | 106,54       |                                      |   |   |   |   |   |    | 4 |     | 4  | 111,65 | 115,65         | 222,19     | 3            |                |     |
| 17                                                                               | Eveline Schouwenburg | 2po   |                                      |   |   |   |   |   |   |   |   | 4  | 4  | 8              | 146,72     | 154,72       |                                      |   |   |   |   |   |    |   |     | 0  | 134,59 | 134,59         | 289,31     | 4            |                |     |
|                                                                                  |                      |       |                                      |   |   |   |   |   |   |   |   |    |    |                |            |              |                                      |   |   |   |   |   |    |   |     |    |        |                |            |              |                |     |
| 25                                                                               | Piet Doorn           | 4po   |                                      |   |   |   |   |   |   |   |   |    |    | 0              | 106,25     | 106,25       |                                      |   |   |   |   |   |    | 4 |     | 4  | 102,39 | 106,39         | 212,64     | 1            |                |     |
|                                                                                  |                      |       |                                      |   |   |   |   |   |   |   |   |    |    |                |            |              |                                      |   |   |   |   |   |    |   |     |    |        |                |            |              |                |     |
| 27                                                                               | Edwin vd Graaf       | 4pa   |                                      |   |   |   |   |   |   | 4 |   |    |    | 4              | 114,75     | 118,75       |                                      |   |   |   |   |   |    | 4 |     | 4  | 111,41 | 115,41         | 234,16     | 1            |                |     |
| 30                                                                               | Jan Dijk             | 4pa   |                                      | 4 |   |   |   |   |   |   |   |    |    | 4              | 134,59     | 138,59       |                                      |   |   |   |   |   |    |   |     | 0  | 124,25 | 124,25         | 262,84     | 2            |                |     |
| 26                                                                               | Bruno Taverniers     | 4pa   |                                      |   |   |   |   |   |   |   |   |    |    | 0              | 121,78     | 121,78       |                                      |   |   |   |   |   | 10 |   |     | 10 | 132,16 | 142,16         | 263,94     | 3            |                |     |
| 33                                                                               | Frank Bos            | 4pa   |                                      |   |   |   |   |   |   | 4 |   |    | 4  | 8              | 129,38     | 137,38       |                                      |   |   |   |   |   |    |   | 4   | 4  | 126,22 | 130,22         | 267,60     | 4            |                |     |
| 32                                                                               | Tonny vd Hoeven      | 4pa   |                                      |   |   |   |   |   |   |   |   |    |    | 0              | 137,37     | 137,37       |                                      |   |   |   |   |   | 4  |   |     | 4  | 129,93 | 133,93         | 271,30     | 5            |                |     |
| 28                                                                               | Anne Okkema          | 4pa   |                                      | 4 |   |   |   |   |   |   |   |    | 4  | 8              | 155,47     | 163,47       |                                      |   |   |   |   |   |    |   |     | 0  | 135,00 | 135,00         | 298,47     | 6            |                |     |
| 34                                                                               | Bauke Meindertsma    | 4pa   |                                      |   |   |   |   | 4 | 4 |   |   |    |    | 8              | 156,85     | 164,85       |                                      |   |   |   |   |   | 4  |   |     | 4  | 148,56 | 152,56         | 317,41     | 7            |                |     |
| 29                                                                               | Klaas Kraan          | 4pa   |                                      | 4 |   |   |   | 4 |   |   |   |    |    | 8              | 166,79     | 174,79       | 4                                    |   |   |   |   |   |    | 4 |     | 12 | 178,75 | 190,75         | 365,54     | 8            |                |     |
| 24                                                                               | Elleke de Boer       | 4pa   |                                      |   |   |   |   |   |   |   |   |    |    | 0              | 153,03     | 153,03       |                                      |   |   |   |   |   | 4  |   | 104 | 4  | 112    | 136,50         | 248,50     | 401,53       | 9              |     |